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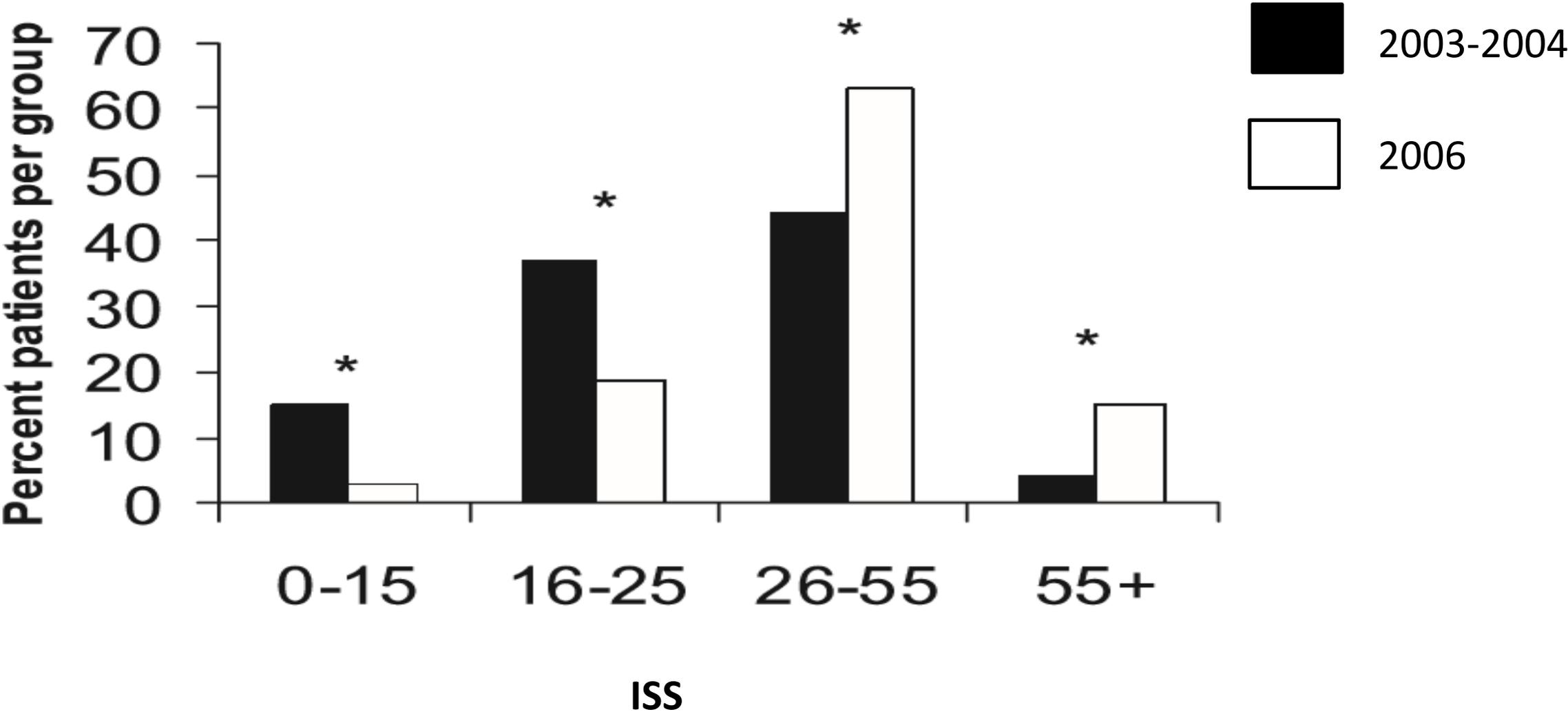
# Transfusion précoce du blessé de guerre

*Médecin en chef Julien Bordes  
Professeur agrégé du Val-de-Grâce  
HIA Sainte Anne*

*Congrès de la SFAR 2018 Session CARUM le 27 septembre 2018*

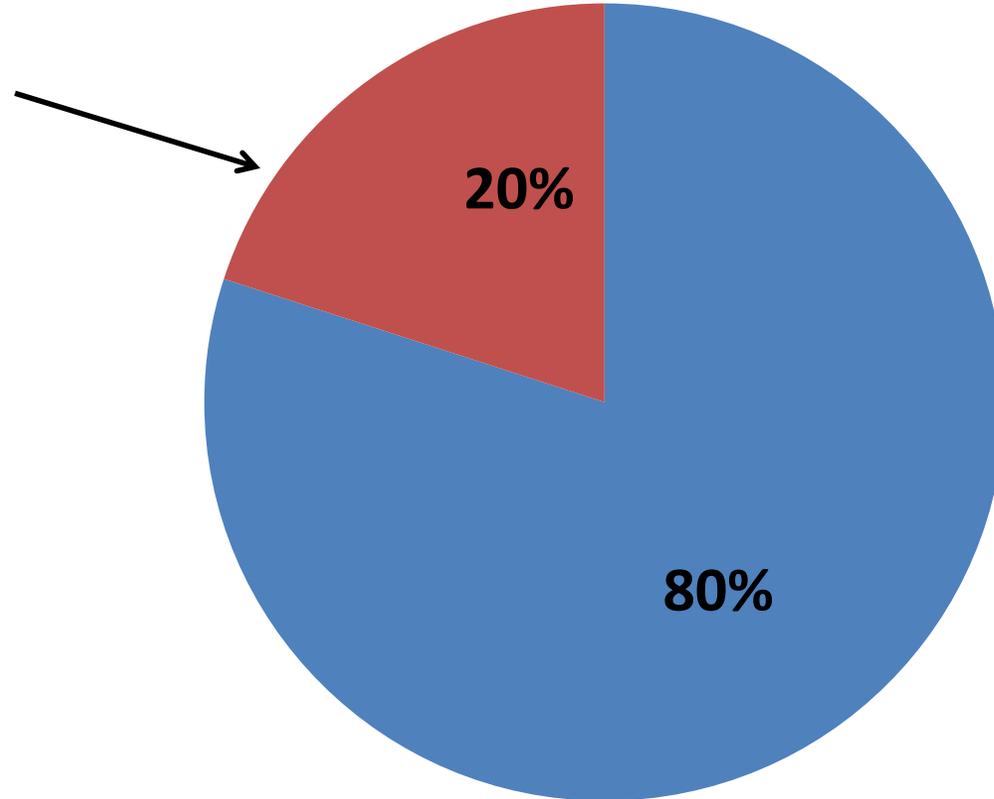


# Blessé de guerre = blessé grave



# Mécanismes lésionnels

Armes à feu



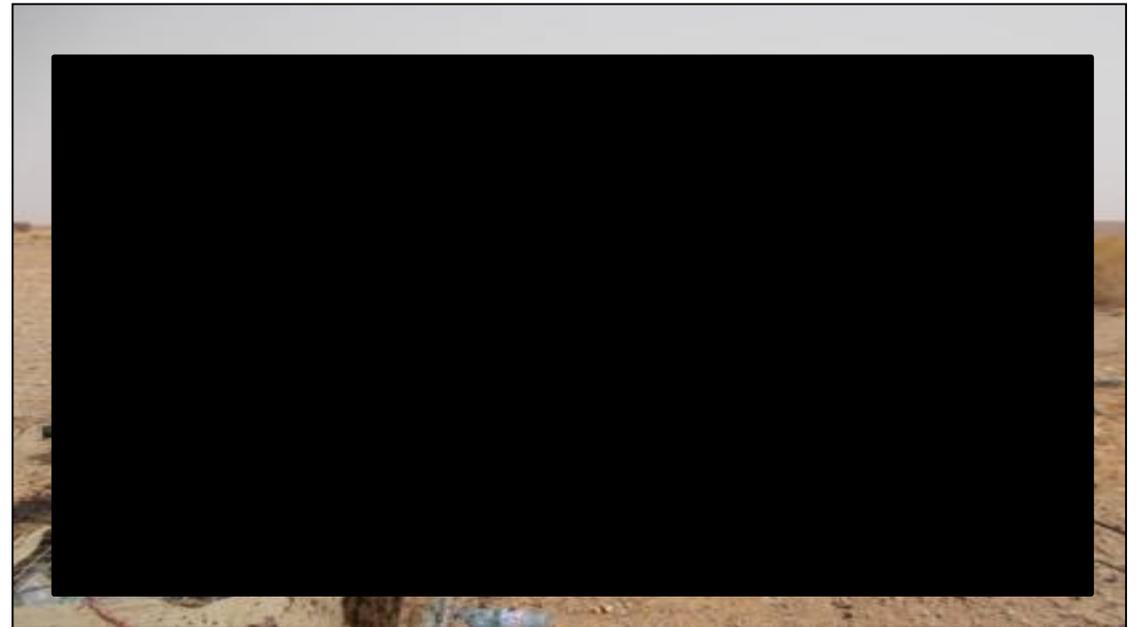
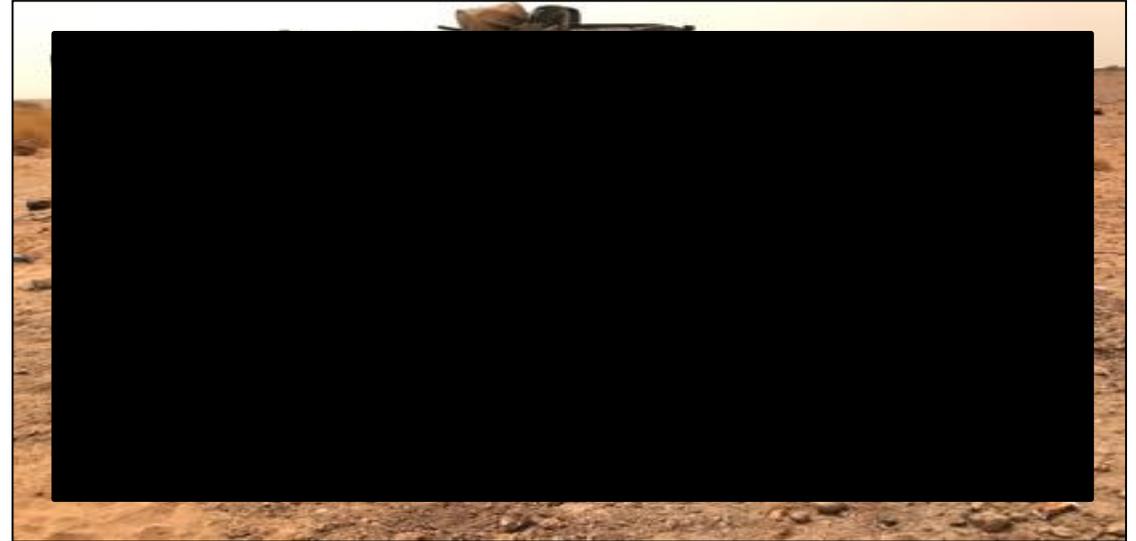
Explosions

*Kotwal et al J of Trauma 2018*

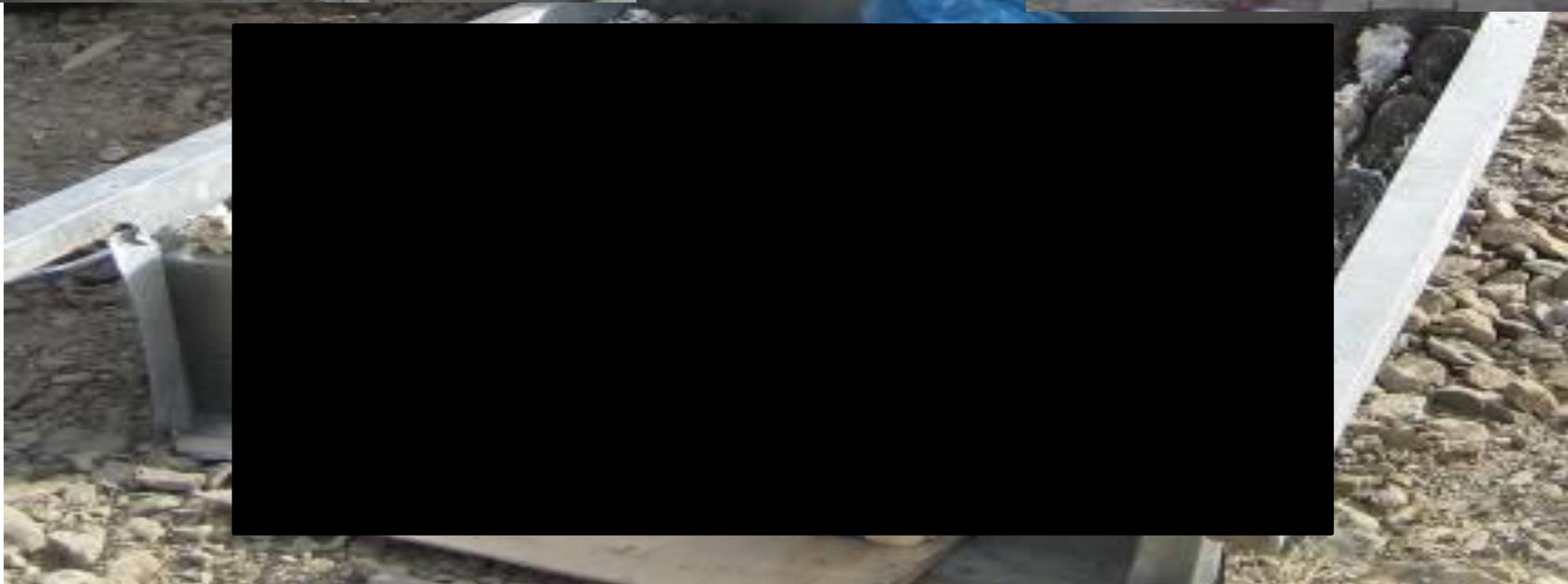
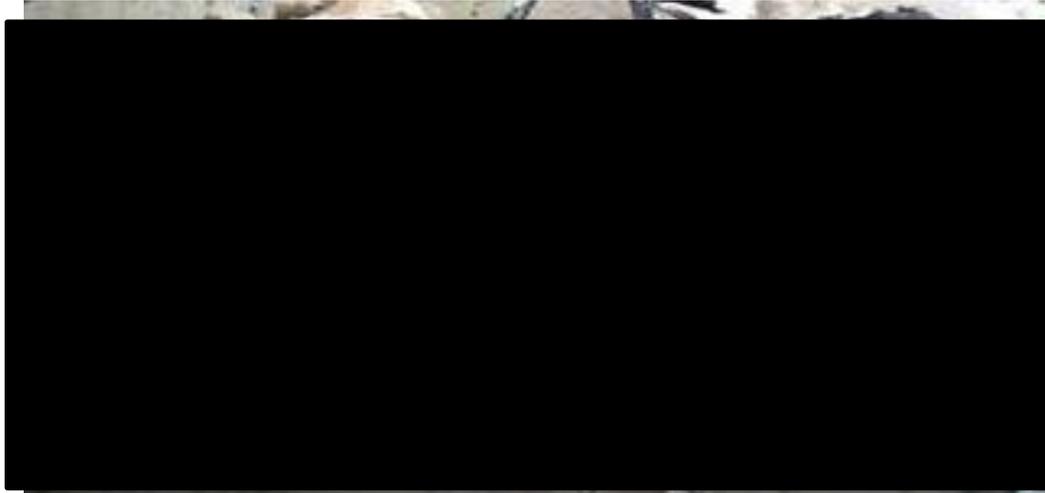
# IED



mines antichar

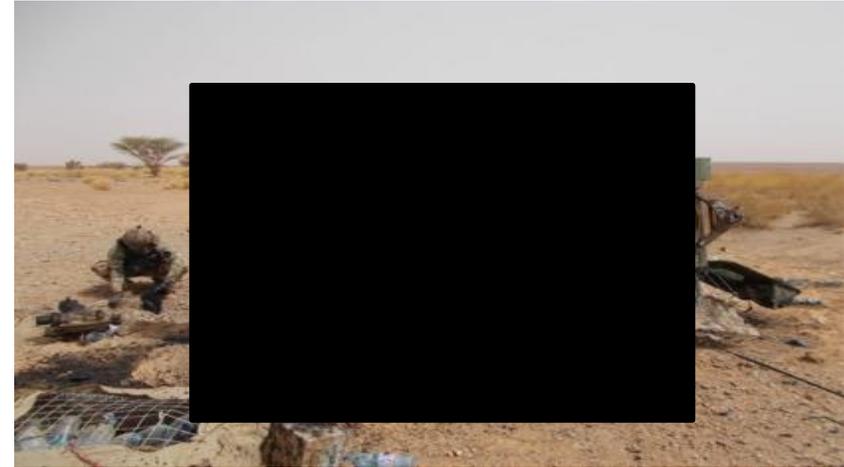


# Nouveaux modes d'action



# Blessé de guerre = blessé hémorragique

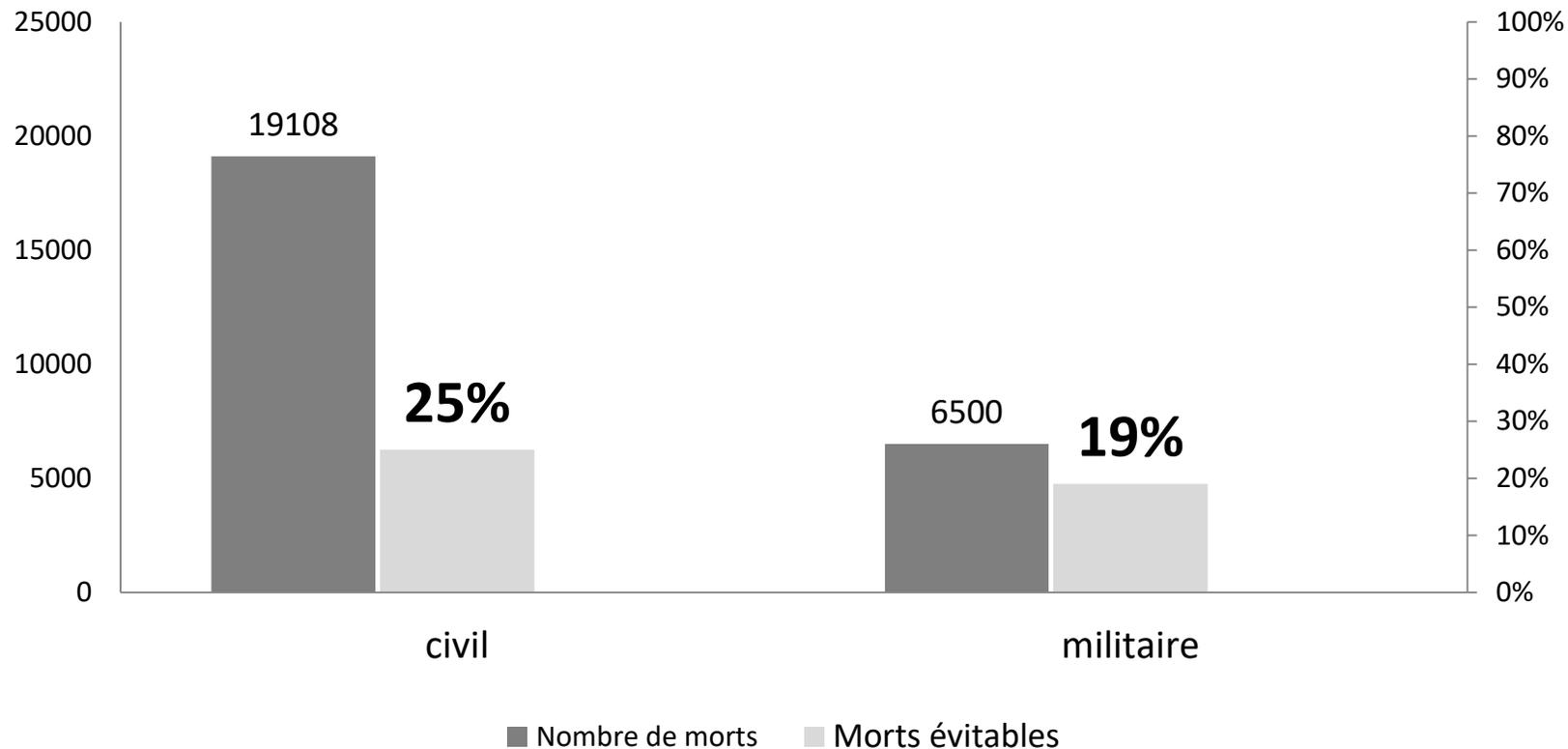
- Blasté
- Brûlé
- Choc hémorragique
- 30% des blessés transfusés
- **50% en transfusion massive**



*Cap et al J of trauma 2015*

# Hémorragie: 1<sup>ère</sup> cause de mortalité évitable

**20-25% de morts évitables**



Méta-analyse  
42 études civiles  
8 études militaires  
1985 à 2011

*Janak et al JAMA Surg 2018*

# Priorité de prise en charge: hémostase chirurgicale

Rôle 2



capacité chirurgicale

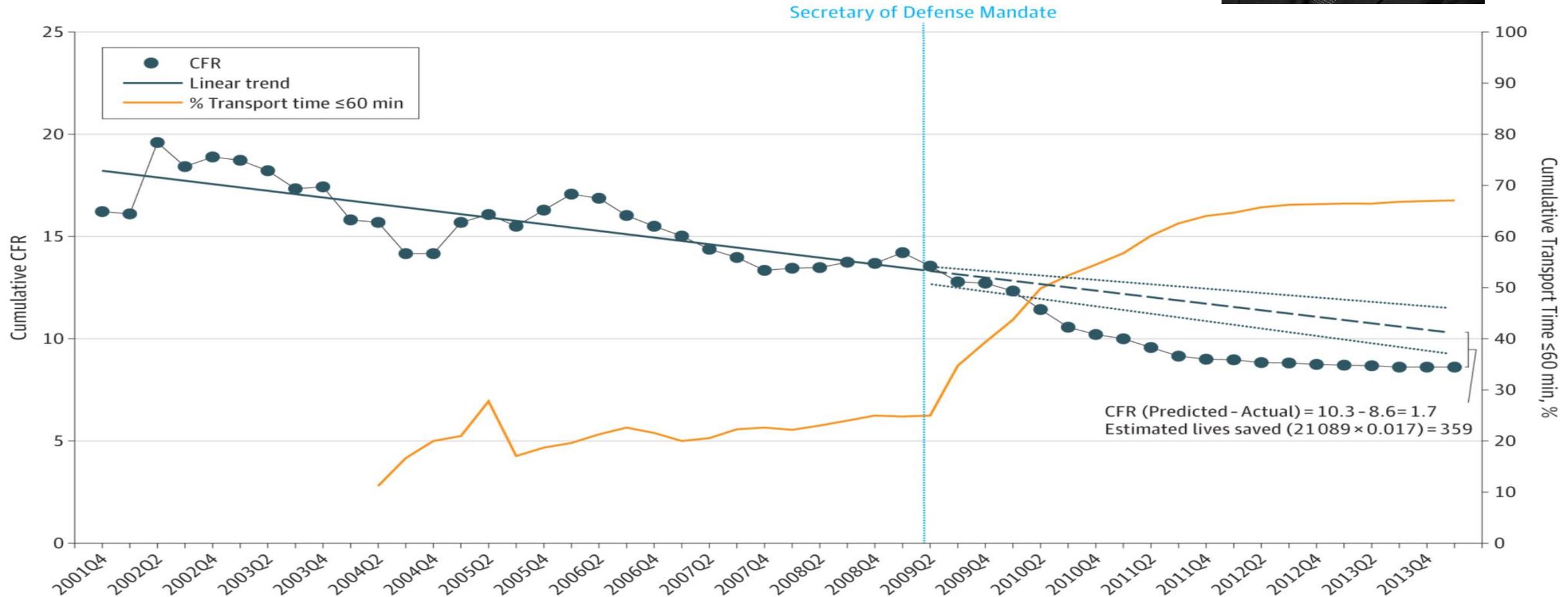


capacité transfusionnelle



# Réduire les délais = $\searrow$ mortalité

« Golden hour mandate »



*Kotwal et al JAMA Surg 2016*

# Mortalité évitable en préhospitalier

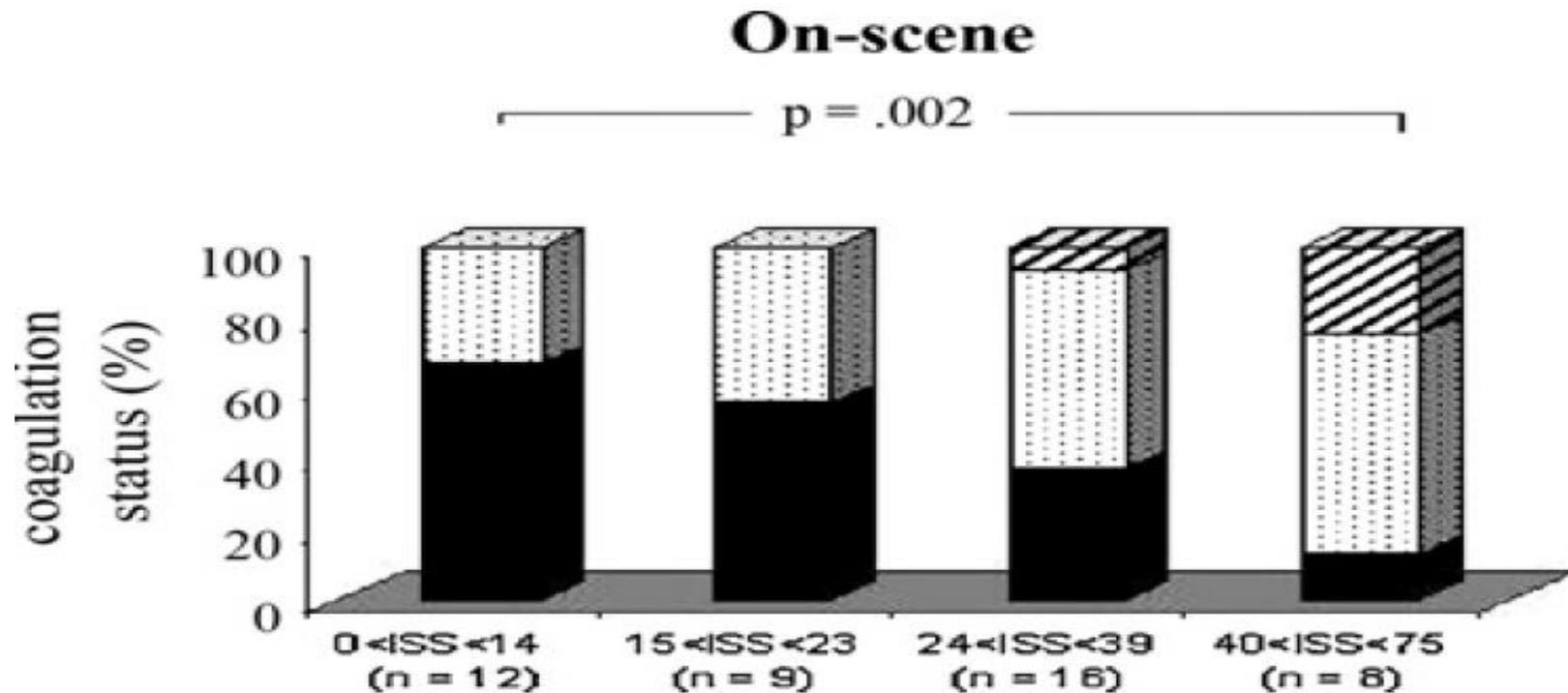
- 90% des décès en préhospitalier
- 25% évitables
- 90% des morts évitables: hémorragie

*Eastridge et al. J Trauma 2012*

- Optimiser le temps préhospitalier
- Démarrer la transfusion

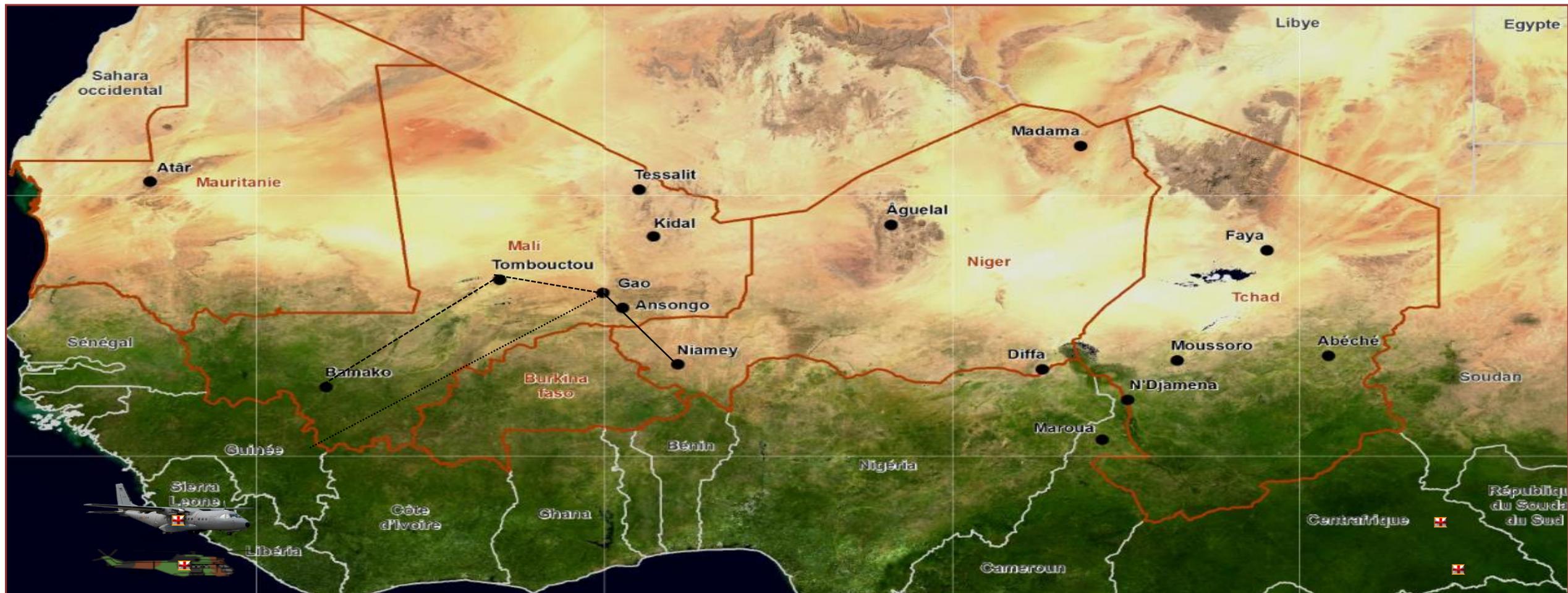


# Coagulopathie traumatique dès les 1ères minutes



25min  
Coagulopathie  
56% des patients

# Opération Barkhane: élongations +++



4000 militaires français  
5 millions de km<sup>2</sup>

# Délais d'évacuation opération Barkhane

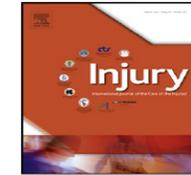
Injury, Int. J. Care Injured 48 (2017) 58–63



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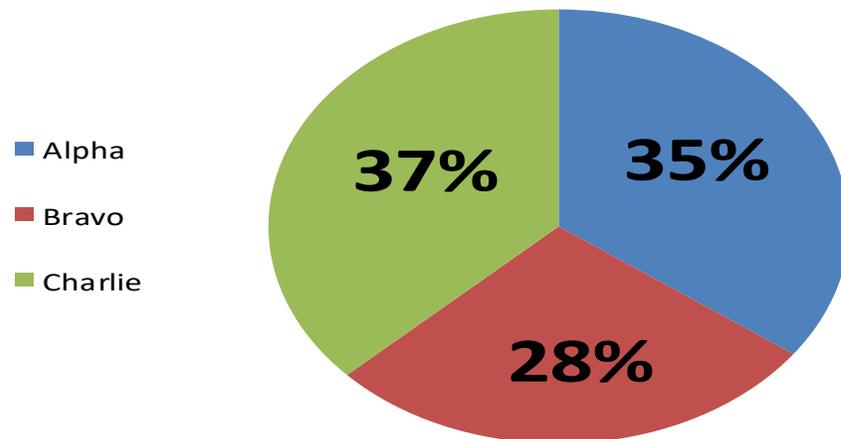


Original article

## Forward medevac during Serval and Barkhane operations in Sahel: A registry study

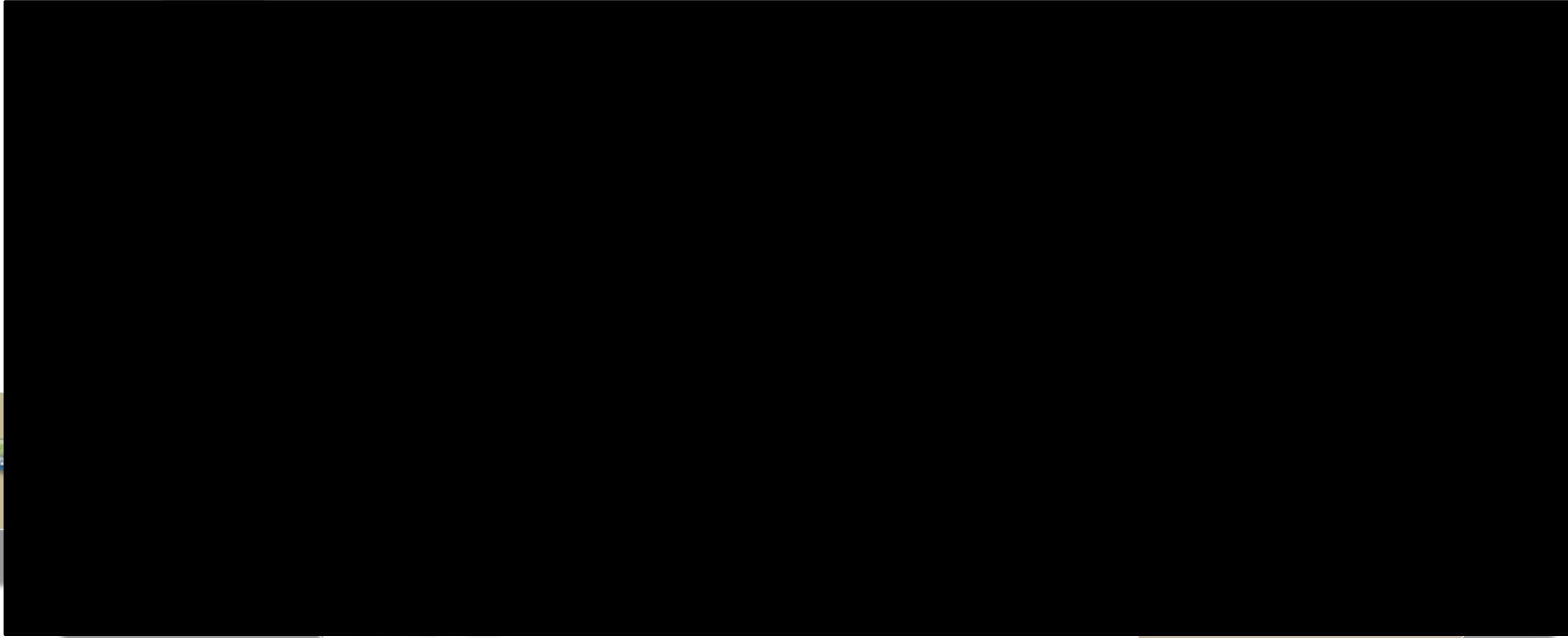


Cyril Carfantan<sup>a,\*</sup>, Yvain Goudard, MD<sup>b</sup>, Christophe Butin, MD<sup>c</sup>,  
 Sandrine Duron-Martinaud, MD, MPH<sup>d</sup>, Jean-Philippe Even, MD<sup>e</sup>,  
 Anthony Anselme, MD<sup>f</sup>, Erwan Dulaurent, MD<sup>g</sup>, Mélanie Géhant, MD<sup>a</sup>,  
 Vicky Vitalis, MD<sup>h</sup>, Christian Bay, MD<sup>i</sup>, Jérôme Bancarel, MD<sup>j</sup>, Julien Bordes, MD, MSC<sup>k</sup>



	Barkhane Area	Gao	Tessalit
All	n = 533	n = 348	n = 105
Duration	235 min [140–403]	245 min [145–377]	155 min [100–365]
Distance	290 km [100–455]	316 km [150–455]	83 km [55–120]
Alpha	n = 66	n = 47	n = 14
Duration	145 min [100–251]	145 min [100–252]	115 min* [93–153]
Distance	126 km [90–285]	172 km [100–320]	85 km* [83–97]

**« Necessity is the mother of invention »**



**2016: déploiement du PLYO dans les UMO niveau 1 du SSA**

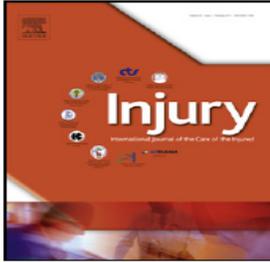
# Transfusion précoce opération Barkhane

Injury, Int. J. Care Injured 49 (2018) 903–910

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Injury

journal homepage: [www.elsevier.com/locate/injury](http://www.elsevier.com/locate/injury)



Early transfusion on battlefield before admission to role 2: A preliminary observational study during “Barkhane” operation in Sahel

V. Vitalis<sup>a</sup>, C. Carfantan<sup>b</sup>, A. Montcriol<sup>c</sup>, S. Peyrefitte<sup>d</sup>, A. Luft<sup>b</sup>, T Pouget<sup>e</sup>, A. Sailliol<sup>e</sup>, S. Ausset<sup>f</sup>, E. Meaudre<sup>c</sup>, J. Bordes<sup>c,g,\*</sup>

# Transfusion précoce = avant l'arrivée en rôle 2

Sur le terrain

Evacuation tactique

« Medevac »



Rôle 1

# Caractéristiques des blessés



n = 28	
Age, years	28 (23–29)
Gender, n (%)	
male	27 (96)
female	1 (4)
Nationality, n (%)	
french	12 (43)
other	16 (57)
Penetrating injuries, n (%)	27 (96)
Mechanisms of injury, n (%)	
Explosion	16 (57)
Gunshot	11 (39)
Other	1 (4)
Number of wounded regions/casualty, n	2 (1–3)
Wounds distribution by region, n (%)	
pelvis/extremities	21 (75)
abdomen	11 (39)
thorax	11 (39)
head and neck	9 (32)
face	3 (11)
soft tissus	11 (39)
Injury severity score	25 (21–38)
Patients requiring surgery at role 2, n (%)	15 (54)
Mortality at day 1, n (%)	5 (18)

# Transfusion précoce: 25% des blessés graves



n = 28	
Glasgow coma scale	15 (13–15)
Heart rate, /min	105 (87–120)
Systolic blood pressure, mmHg	93 (84–114)
Diastolic blood pressure, mmHg	56 (51–69)
Active external haemorrhage	12 (43)
Hemorrhage control	
Tourniquet, n (%)	7 (25)
Pressure or hemostatic dressing, n (%)	16 (57)
Tranexamic acid, n (%)	16 (57)
Fibrinogen concentrate, n (%)	2 (7)
Airway and breathing	
Orotracheal intubation, n (%)	5 (18)
Pneumothorax exsufflation, n (%)	3 (11)
Thoracic drainage, n (%)	2 (7)
Vasopressive amines, n (%)	4 (14)
Transfusion, n (%)	7 (25)
Died before role 2 admission, n (%)	2 (7)
Medevac team intervention delay, min	99 (85–147)
Role 2 evacuation duration, min	145 (118–205)
French role 2 evacuation duration, min	180 (145–249)
Coalition role 2 admission, n (%)	5 (18)



# Transfusion pendant les MEDEVAC



**Table 5**  
Battlefield transfusions characteristics.

	n = 22
Battlefield transfusion place	
Role 1, n (%)	7 (32)
Medevac RW evacuation, n (%)	6 (27)
Medevac FX evacuation, n (%)	9 (41)
Transfused blood products	
Red blood cell, n (%)	7 (32)
Plasma, n (%)	15 (68)
Whole blood, n (%)	0 (0)
Complications related to transfusion, n(%)	0 (0)
Technical failure, n (%)	
Red blood cell	0 (0)
Plasma	2 (10)

RW: rotary wing; FX: fixed wing.

# Transfusion opération Barkhane



# Résultats: ↘délais transfusionnels



**Table 3**  
field transfused patients' characteristics.

	Age	Mechanisms of injury	Number of wounded regions	Role 1 intervention delay, min	Medevac intervention delay, min	Transfused blood products on field			Blood product transfusion delay, min	Role 2 admission delay, min	Survival at H24	Transfused blood products at role 2		
						RBC	Plasma	WB				RBC	Plasma	WB
Patient 1	31	IED	5	0	99	3	3	0	177	358	No	0	2	9
Patient 2	20	IED	6	0	99	1	2	0	192	358	No	0	0	4
Patient 3	28	Gunshot	2	5	46	1	1	0	190	85	Yes	1	1	0
Patient 4	23	Mortar	3	40	-	0	1	0	80	115	Yes	7	4	0
Patient 5	28	IED	2	65	130	0	1	0	151	180	Yes	8	5	11
Patient 6	21	IED	1	16	85	2	4	0	82	142	Yes	4	1	2
Patient 7	44	Gunshot	3	25	89	0	3	0	75	115	Yes	0	4	0

# Transfusion précoce

## Expérience US

- Irak 2003-2010: exceptionnel
  - 3/1692 blessés
  - *Kotwal J et al of trauma 2018*
  
- Afghanistan 2001- :
  - A partir de 2010
  - 55/502 blessés
  - *Shackelford et al JAMA 2017*



# Transfusion précoce: ↘ mortalité

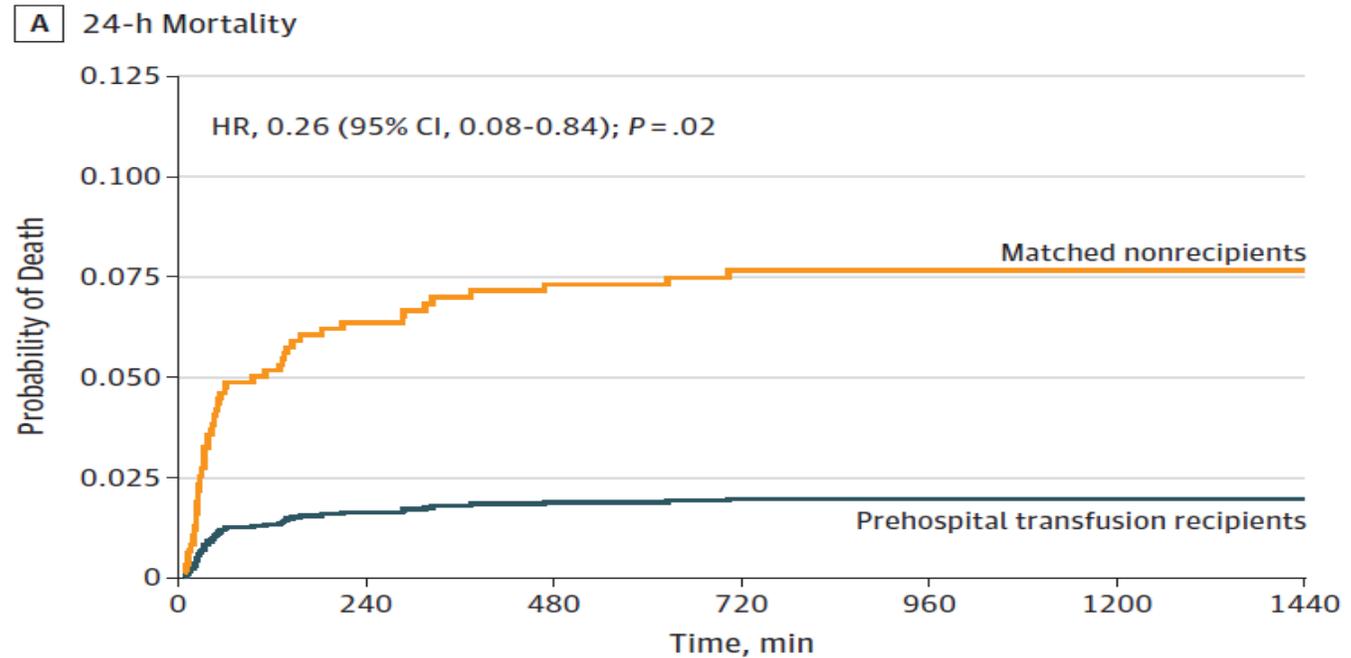
JAMA | Original Investigation

## Association of Prehospital Blood Product Transfusion During Medical Evacuation of Combat Casualties in Afghanistan With Acute and 30-Day Survival

Stacy A. Shackelford, MD; Deborah J. del Junco, PhD; Nicole Powell-Dunford, MD; Edward L. Mazuchowski, MD, PhD; Jeffrey T. Howard, PhD; Russ S. Kotwal, MD, MPH; Jennifer Gurney, MD; Frank K. Butler Jr, MD; Kirby Gross, MD; Zsolt T. Stockinger, MD



**Mortalité H24**  
**5% versus 19%**  
***p=0.01***



No. at risk	0	240	480	720	960	1200	1440
Prehospital transfusion recipients	54	52	51	51	51	51	51
Matched nonrecipients	332	272	267	265	265	265	265

# Transfusion précoce: indications? Expérience US

JAMA | **Original Investigation**

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- Amputation traumatique bras ou cuisse
- Ou
- Etat de choc
  - PAS < 90mmHg
  - Fc > 120/min
  - *Shackelford et al JAMA 2017*



# Transfusion précoce: indications?

## Expérience française



- PAS < 90mmHg
- Fc > 120/min
- Traumatisme pénétrant

**Table 6**  
comparison of battlefield transfused and non-battlefield transfused patients' characteristics.

	Battlefield transfused patients n = 7	Battlefield non transfused patients n = 21	p
Age, year	28 (22–29)	27 (24–29)	1 <sup>a</sup>
Heart rate,/min	90 (86–105)	120 (90–130)	0.31 <sup>a</sup>
Systolic arterial pressure,mmHg	91 (86–99)	95 (80–134)	0.9 <sup>a</sup>
Glasgow coma scale	15 (7–15)	15 (13–15)	0.4 <sup>a</sup>
Penetrating trauma, n (%)	7 (100)	20 (95)	1 <sup>b</sup>
Active external haemorrhage, n (%)	4 (57)	8 (38)	0.8 <sup>b</sup>
Number of regions wounded per casualty, n	3 (2–4)	2 (1,2)	0.04 <sup>a</sup>
Injury severity score	45 (33–52)	25 (16–22)	0.01
Tactical tourniquet, n (%)	4 (57)	3 (14)	0.07 <sup>b</sup>
Tranexamic acid, n (%)	7 (100)	9 (43)	0.002 <sup>b</sup>
Medevac team arrival on scene, min	94 (86–99)	107 (86–177)	0.5
Role 2 admission delay, min	142 (115–269)	147 (128–200)	1 <sup>a</sup>
Transfused patients at role 2, n (%)	7 (100)	5 (24)	0.002 <sup>b</sup>
Total number of RBC transfused at role 2, n	1 (0.25–5.5)	0 (0–2)	0.05 <sup>a</sup>
Total number of plasma transfused at role 2, n	2 (1–4)	0 (0–1.5)	0.003 <sup>a</sup>
Total number of WB transfused at role 2, n	2 (0.5–6.5)	0 (0–0)	0.002 <sup>a</sup>

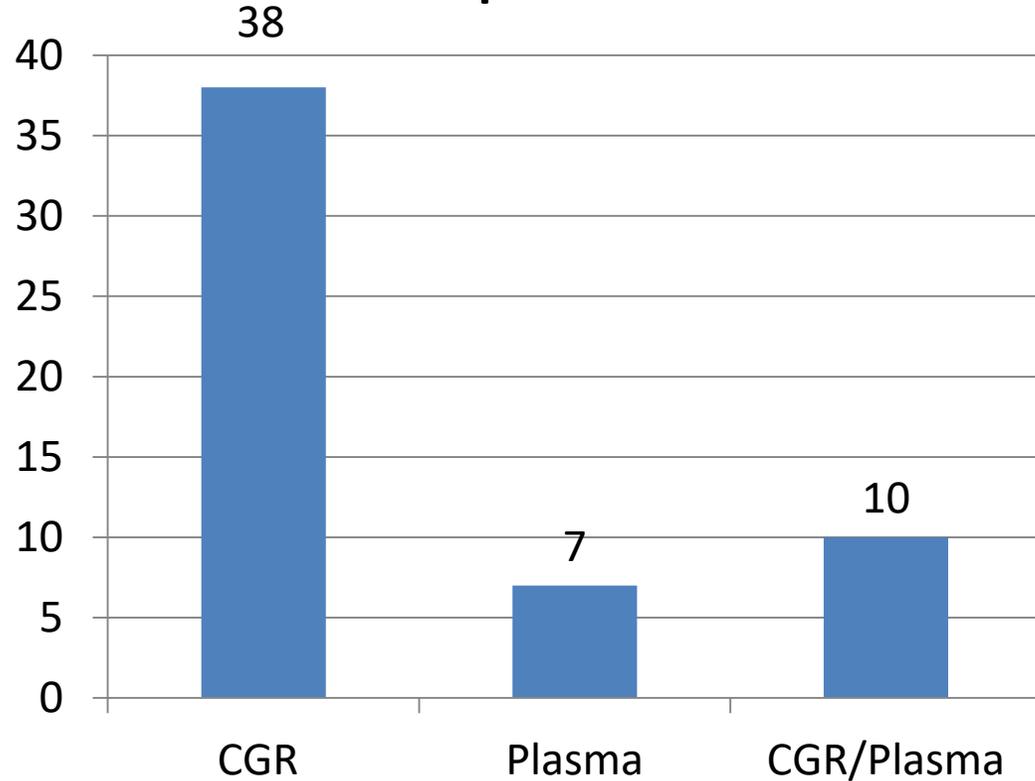
Data are expressed in median (interquartile range), or number (percentage).

<sup>a</sup> Mann and Whitney test.

<sup>b</sup> Chi-squared test with Yates' correction.

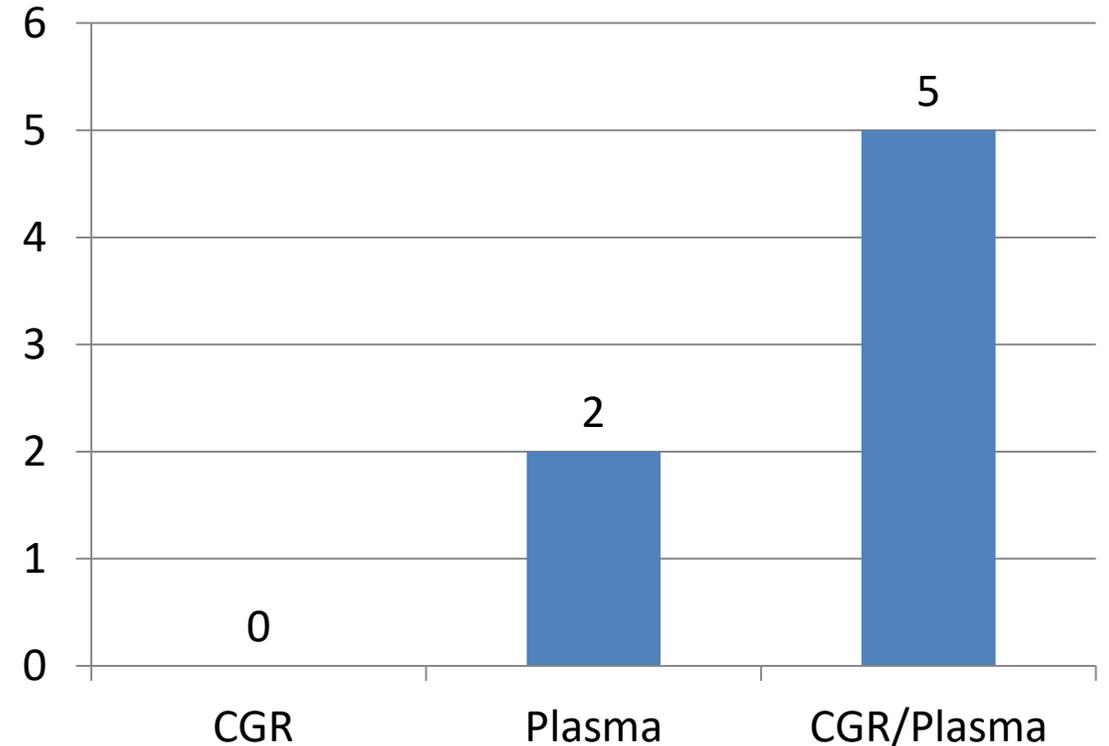
# Transfusion précoce: quels produits?

## Expérience US



*Shackelford et al JAMA 2017*

## Expérience française

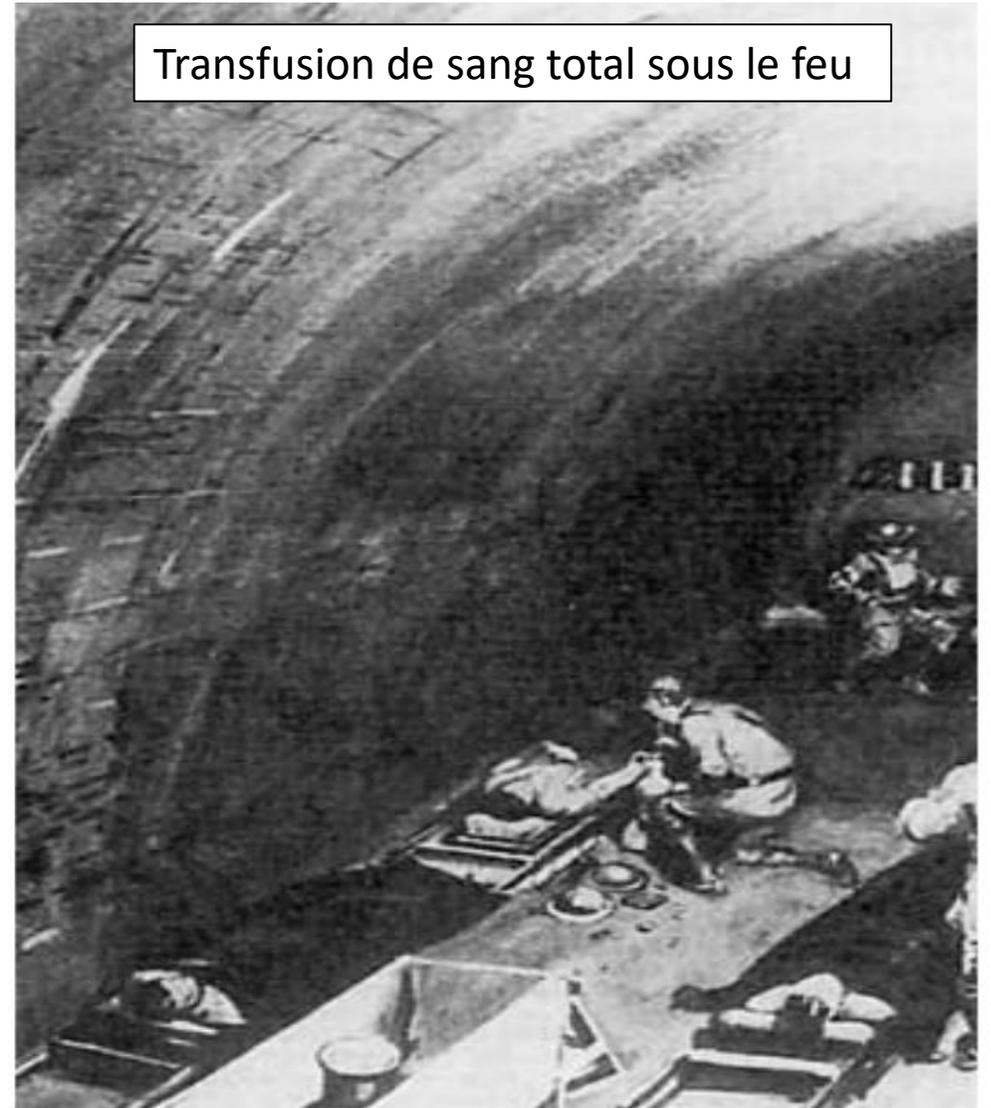


*Vitalis et al Injury 2017*

# Transfusion pendant la 1ère guerre mondiale



*Captain Oswald Hope Robertson*



Transfusion de sang total sous le feu

# Perspectives

**1917, Robertson:** “So far as my experience goes, **there is no comparison between the results of blood transfusion and saline infusion.** The effects of blood transfusion are instantaneous and usually lasting; the effects of saline too often transitory -a flash in the pan- followed by greater collapse than before.”

**2014, Butler et al:** Committee on Tactical Combat Casualty Care **prioritizes whole blood and then blood components** over crystalloids as **optimal therapy** for hemorrhagic shock resuscitation.

# Conclusion

Pour éviter les morts évitables:

- **Priorité n°1: ↘ délai d'hémostase chirurgical**
- **Priorité n°2: ↘ délai de transfusion**
- **Optimiser les soins pré-hospitaliers: « Prolonged field care »**

